FOOTBALL WARNING: HELMET, EQUIPMENT, AND TECHNIQUE

According to the National Federation (High School Rules) and NCAA Sports Medicine Handbook, "all players shall wear helmets that carry a warning label regarding the risk of injury". This warning label is secured to the exterior of the helmet shell and must be visible and legible at all times. The warning label states:

WARNING

Do not strike an opponent with any part of this helmet or facemask. This is a violation of football rules and may cause you to suffer severe brain or neck injury, including paralysis or death. Severe brain or neck injury may also occur accidentally while playing football.

NO HELMET CAN PREVENT ALL SUCH INJURIES.
YOU USE THIS HELMET AT YOUR OWN RISK.

The National Federation (High School Rules) has identified specific guidelines against a player using their head as a weapon and as the initial point of contact for blocking and tackling.

The equipment issued to you should not be modified, by you, in any way. Any potential modifications to your protective equipment must be brought to the attention of the Athletic Training staff and/or Football coaching staff in advance, this includes adapting or exchanging helmets, shoulder pads, and adding or deleting neck rolls.

My signature below indicates that I have read this entire warning and understood it completely.

_____ _____
Student's/Participant's Signature Date

_____ _____
Parent's Signature Date